

FIRST ANNUAL DBSA TEXAS CONFERENCE

Transformations

Friday, November 3, 2006

Westin Galleria Hotel

13340 Dallas Parkway, Dallas, Texas 75240, 888-627-8536

Friday, November 3

Connect with consumers, family members, and friends. Together, we will discover new recovery skills, get the latest news on treatment options, regain hope, become inspired and network with others who share our journey on the path of recovery.

8:00 – 9:00 am	<i>Registration:</i> Governor's Foyer, 21 st floor
9:00 – 9:15 am	<i>Opening Remarks:</i> Marilyn Nolin, DBSA Texas President & Miriam Feaster, Transformations Conference Chair
9:15 – 10:30 am	<i>Keynote:</i> The STAR*D Trial: What Have We Learned So Far? (Sequenced Treatment Alternatives to Relieve Depression) A. John Rush, MD Vice Chair, Department of Clinical Sciences Professor, Department of Psychiatry UT Southwestern Medical Center
10:30 – 10:45 <i>Break</i>	
10:45 – Noon	Psychosocial Education Workshop: Co-Occurring Disorders (Mental Health and Substance Abuse) Clifford Gay, BIA, MBA
Noon – 1:30 pm	<i>Luncheon:</i> (Included in your DBSA Conference Registration Fee)
1:30 – 2:45 pm	Neurophysiology and Behavior Larry Fisher, PhD, ABPN, UHS Neurobehavioral Systems
2:45 – 3:00 <i>Break</i>	
3:00 – 3:45 pm	The Power of Peer Support Lisa Goodale, ACSW, LSW, Peer Services Director Depression and Bipolar Support Alliance
3:45 – 4:30 pm	Creativity and Recovery Lana R. Castle, MA, author of <i>Finding Your Bipolar Muse</i> (A book signing will be held after closing remarks.)
4:30 – 5:00 pm	<i>Closing Remarks:</i> Marilyn Nolin, DBSA Texas President
5:00 pm <i>Adjourn</i>	
6:30 – 8:00 pm	<i>TSPP Reception:</i> Included in your conference registration fee

Transformations Speaker Bios

DBSA Texas is honored to have such distinguished speakers for our premiere conference. This year's speakers include:

Keynoter:

A. John Rush, MD – Vice Chair for the Department of Clinical Sciences, Betty Jo Hay Distinguished Chair in Mental Health, the Rosewood Corporation Chair in Biomedical Science, and Professor of Psychiatry at the University of Texas Southwestern Medical Center in Dallas.

Dr. Rush earned his AB at Princeton University, and his MD at Columbia College of Physicians and Surgeons Medical School. He completed his internship in internal medicine at Northwestern University, and a residency in psychiatry at the University of Pennsylvania.

With research interests primarily devoted to biological and psychosocial issues in mood disorders in adults, children, and adolescents, Dr. Rush is particularly interested in promoting the application of clinical research findings to improve the diagnosis and treatment of these patients.

He has authored or coauthored more than 470 papers and chapters and 10 books concerning the treatment of depression, the use of vagus nerve stimulation, and the development and feasibility testing of treatment algorithms for depressive, bipolar, and schizophrenic disorder. Dr. Rush's articles have been published in the *American Journal of Psychiatry*, *Archives of General Psychiatry*, *British Journal of Psychiatry*, *Journal of Clinical Psychiatry*, *Journal of Nuclear Medicine* and *Neuropsychopharmacology*. He is a fellow of the American College of Psychiatry, the American College of Neuropsychopharmacology, and the American Psychiatric Association.

Additional Presenters:

Cliff Gay, BIA, MBA – a well-known consumer advocate who has worked extensively with dual diagnosis and has recently piloted "Texas Team Solutions Co-occurring Disorder Version," which has peers teaching peers how to recover and stay recovered when diagnosed with mental illness and substance abuse.

Larry Fisher, PhD, ABPN – a licensed psychologist in Texas, board certified in Neuropsychology, and a Clinical Assistant Professor at the University of Texas at Austin. He lectures nationally on the management of explosive youth and will speak on "Neurophysiology and Behavior."

Lisa C. Goodale, ACSW, LSW – the Peer Services Director for DBSA in Chicago, will present on "The Power of Peer Support." Hear about the rising wave of evidence and recognition for peer support initiatives and how public and private mental health services are acknowledging this powerful resource.

Lana R. Castle, MA – author of *Bipolar Disorder Demystified* and her latest book, *Finding Your Bipolar Muse* will end our session with "Creativity and Recovery." Her presentation will center on the creative gifts we all possess and how creativity can help in your recovery and building your self-esteem.

Please contact the Texas Society of Psychiatric Physicians (TSPP) for information on their November 4 and 5 Scientific Programs or visit www.txpsych.org.

Conference Facts

DBSA Texas – Friday, Nov. 3, 2006
 TSPP – Saturday & Sunday, Nov. 4–5

DBSA registration fee & deadline

Before 10/12 – \$50
 After 10/12 – \$60

Conference attendance limited to the first 110 paid registrants.

Registration forms are also online at www.dbsatexas.org.

Conference location

Westin Galleria Hotel
 13340 Dallas Parkway
 Dallas, Texas 75240

Hotel information

A special room rate of \$139, single or double, is available prior to October 12. Ask for the Texas Society of Psychiatric Physicians' 2006 Annual Convention rate when you make your reservations.

For reservations and directions, call: 888-627-8536.

Parking

Self-parking is available at no charge. Valet parking is at your own expense.

Transportation

You may fly into Love Field (9 miles from hotel) or DFW (18 miles from hotel). A shuttle service is available at both airports for \$17 each way to and from the airport.



If you require a wheelchair, please bring your own equipment.

For additional information, call DBSA Texas at 512-407-6676 or 866-DBSATEX (327-2839) or visit www.dbsatexas.org.

Depression and Bipolar Support Alliance Texas
 Conference Registration

Transformations

Friday, November 3, 2006

Please complete one registration form per person (you may copy additional forms) with a check or money order (SORRY, NO CREDIT CARDS) payable to DBSA Texas and mail it to:

DBSA Texas Transformations Conference
 3710 Cedar Street, Box 22
 Austin, Texas 78705

Name _____

Mailing Address _____

City _____ State ____ Zip _____

DBSA Program Registration Fee

\$50 per person before 10/12
 \$60 per person after 10/12

Includes the full Friday, November 3rd program, Friday luncheon and Friday evening reception.

I will attend the:

- DBSA Program, Friday, November 3rd
 Friday luncheon (Included in your registration fee)
 Friday evening reception (Included in your registration fee)

Cancellation Policy

In the event of cancellation, a full refund will be made if written notice is received in the DBSA office by October 12, 2006, less a 25% handling charge. No refunds will be given after October 12, 2006.

Register early, as seating is limited!

For information on the November 4 and 5 Texas Society of Psychiatric Physicians (TSPP) Scientific Program, visit www.txpsych.org.